

**Albany County  
MENTAL HEALTH AND HUMAN SERVICES  
FOR FAMILIES**

**GENERAL INFORMATION**

Albany County Health Department .....	(518) 447-4580
Al-Anon Family Groups (relative/friends of individuals who suffer from alcohol use disorder)	(518) 292-0577
Capital District Psychiatric Center	
Equinox, Inc. – Counseling & Education .....	(518) 435-9931

**MENTAL HEALTH SERVICES**

Albany County Mental Health .....	(518) 447-4555
Albany Medical Center Psychotherapy .....	(518) 262-7239
Center for Disability Services .....	(518) 437-5700
Equinox, Inc... ..	(518) 435-9931
Karner Psychological Associates .....	(518) 456-5056
Pinnacle Behavioral Health IPA .....	(518) 689-0244
Psychological Services Center at the University at Albany .....	(518) 442-4900
Rensselaer County Mental Health .....	(518) 463-8869
Office of Community Services (Schenectady County) .....	(518) 386-2218
Saratoga County Mental Health .....	(518) 584-9030
SUNY Psychological Services Center .....	(518) 442-4900
Trinity/Homer Perkins, Inc., .....	(518) 436-1104
Whitney M. Young Health Center .....	(518) 465-4771

**FAMILY COURTS**

Albany County Family Court .....	(518) 285-8600
Family Treatment Court .....	(518) 285-8650
Rensselaer County Family Court .....	(518) 453-5515
Saratoga County Family Court .....	(518) 451-8888
Schenectady County Family Court .....	(518) 285-8435

**OTHER**

Mothers Against Drunk Driving .....	(518) 785-6233
Northern Rivers Family of Services.....	(518) 426-2600
Senior Services (Lifepath).....	(518) 465-3322
Disability Rights NY .....	(518) 432-7861
National Alliance on Mental Illness in NYS .....	1-800-950-3228
Department of Veteran’s Affairs .....	1-800-827-1000