

Word Scramble

Calci-Cowlean (the cow) is trying to tell you why drinking 1% or fat-free milk is the healthiest choice, but she got a little confused (cows are not great spellers). Help her put the letters in the right order to unscramble words about the importance of drinking low-fat milk.

1) tfa_____

2) threa_____

3) terag satte_____

4) tavminsi_____

5) wlo-aft limk_____

6) lccamui_____

7) ogtsrn bnseo_____

8) alehyth_____



Mooooove to 1% or
fat-free milk.

Healthy Heart Coalition of Albany County